



2009  
ANNUAL REPORT

# MISSION & VISION

## **Our Mission**

MCC empowers our community, primarily gay, lesbian, bisexual and transgender individuals and their families, to enjoy healthier and more fulfilling lives by providing culturally affirming and affordable behavioral health and prevention services.

## **Our Vision**

We envision a healthier society marked by permanent, positive changes in attitudes and behaviors toward GLBT communities, and the ability of all GLBT individuals to realize their fullest potential.

# MESSAGE

## FROM THE EXECUTIVE DIRECTOR

Dear Friends,

Montrose Counseling Center weathered the tough economy in Fiscal Year 2009 despite the devastation wrought by nature's fury. Much of that was due to a sound infrastructure and belt tightening, as well as our dedicated volunteers and staff who shouldered great responsibility in the wake of the Hurricane Ike.

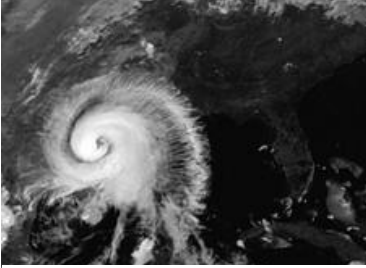
It's times like this that our services are most critical, especially for those who encounter barriers through traditional behavioral health providers. We serve Houston's Gay, Lesbian, Bisexual and Transgender communities, so that they have a safe, quality, affordable and affirming place to turn for assistance.

We are extremely grateful to all of our partners for supporting us throughout our 30 years, and once again we are extremely proud that more than 90 percent of our income went directly to client services.

Sincerely,

Ann J. Robison, PhD  
Executive Director

# ACCOMPLISHMENTS



Hurricane Ike slams the Texas Gulf Coast

It is hard to know which impacted our consumers more – the flailing economy or Hurricane Ike. Layoffs and the shrinking job market took a toll as many lost their homes to either foreclosure or the wrath of Mother Nature. Many experienced tension in the days, weeks and months

following Hurricane Ike when utilities were down, and groceries were hard to come by even for the most functional among us. Under such traumatic and overwhelming circumstances, issues such as stress, depression, isolation, substance abuse, domestic abuse and chronic health conditions can be magnified into a crisis. Houston's Gay, Lesbian, Bisexual and Transgender communities have come to rely on Montrose Counseling Center for help in these areas.

The day after the hurricane, MCC employees shouldered a massive effort to get the agency in shape to reopen. Even though we sustained approximately \$100,000 of exterior building damage, as well as the loss of some computers and equipment, we were able to open for business the very next day, helping our clients with crisis counseling and case management. When so many had lost so much, MCC was there to provide financial assistance for food, clothing, medication, transportation, household items, and other disaster-related expenses not covered by FEMA.



The damage to the parking area was the most visible.

On a much brighter note, Montrose Counseling Center celebrated its 30<sup>th</sup> Anniversary in December 2008. MCC was the vision of a small group of community leaders back in 1978 in response to the discrimination suffered by members of the GLBT communities through mainstream service providers. MCC has continuously expanded to meet the needs of the communities it serves.

Some of the highlights of this last year include expanding our outreach through social networking, such as Facebook, Twitter, online chat, and GLBT dating sites. We developed a new website, askallie.org, to help GLBT youth with questions about dating and relationships. And thanks to a generous grant from the David Bohnet Foundation, we were able to open a Cyber Center with five computers. Volunteers help GLBT youth, adults and seniors with free access to the internet.

MCC launched a new Community PROMISE venture, targeting African-American Men who have sex with Men to reduce their risk of HIV infection by identifying peer advocates and volunteers to share their own experiences. MCC also began a support group for GLBT members of the deaf community. MCC has been providing individual services to the deaf and hard of hearing, but a lack of communication often isolates members of the deaf community.



In June, Montrose Counseling Center was featured in the television program, “Montrose, Texas: The Transformation of a Neighborhood,” which aired on Houston PBS. The documentary chronicles the history of our neighborhood and the changes it has undergone over the years. Recent gentrification and the subsequent property taxes have taken a toll on the aging GLBT population that for years has called Montrose home.

# REVIEW OF OPERATIONS

## COUNSELING – 1,269 Clients

HIV/AIDS – individual, couple, family therapy

LIFE – individual, couple, family, and group counseling on issues of relationships, coming out, and personal growth

ANTI-VIOLENCE – domestic violence, sexual abuse, and hate/bias crimes counseling and advocacy

CHEMICAL DEPENDENCY – individual counseling, intensive treatment, and after care

- 6,061 individual counseling sessions
- 2,119 group sessions
- 135 couple or family sessions
- 841 calls to Gay & Lesbian Switchboard Houston
- 229 HATCH Youth
- 115 SPRY Seniors

### **GENDER\***

Male	23%
Female	22%
Transgender	3%

### **INCOME\***

Less than \$5,000	10%
\$5,000 - \$9,999	4%
\$10,000 - \$14,999	5%
\$15,000 - \$19,999	4%
\$20,000 - \$24,999	5%
\$25,000 - \$34,999	6%
\$35,000 - \$49,999	5%
More than \$50,000	8%

### **RACE/ETHNICITY\***

Anglo	32%
African-American	5%
Latino/a	8%
Asian/Pacific Island	1%
Native American	0%
Other Unknown	1%

*\* May not add up to 100% due to rounding off*

# CASE MANAGEMENT – 691 Clients

Intensive case management services for persons living with HIV disease with special services for the deaf/hard-of-hearing, as well as for persons with mental retardation and severe cognitive impairment. Specialized services also available for persons living with HIV disease and with a chemical dependency history.

<b>GENDER*</b>		<b>RACE/ETHNICITY*</b>	
Male	81%	Anglo	38%
Female	19%	African-American	48%
Transgender	<1%	Latino/a	12%
		Asian/Pacific Island	1%
		Native American	1%
		Other Unknown	<1%
<b>AGE*</b>			
Adolescents	<1%		
Adults	100%		

*\* May not add up to 100% due to rounding off*

# HIV EARLY INTERVENTION & TESTING 1,353 Participants

Pre- and Post-HIV Tests & Counseling Services through the Community Education Program. This program provides HIV and HCV (Hepatitis C) education to participants in chemical dependency treatment.

<b>GENDER*</b>		<b>RACE/ETHNICITY*</b>	
Male	48%	Anglo	27%
Female	52%	African-American	53%
Transgender	<1%	Latino/a	18%
		Asian/Pacific Island	1%
		Native American	<1%
		Other Unknown	1%
<b>AGE*</b>			
Adolescents	9%		
Adults	91%		

*\* May not add up to 100% due to rounding off*

# EDUCATION – 22,562 Participants

MCC provided speakers to universities, corporations, crisis intervention programs, professional and community groups on sensitivity to gay, lesbian, bisexual and transgender issues, HIV/AIDS, chemical dependency, and crime survivor issues.

<b>GENDER*</b>		<b>RACE/ETHNICITY*</b>	
Male	67%	Anglo	37%
Female	33%	African-American	35%
Transgender	<1%	Latino/a	23%
		Asian/Pacific Island	1%
		Native American	1%
		Other Unknown	4%
<b>AGE*</b>			
Adolescents	8%		
Adults	92%		

*\* May not add up to 100% due to rounding off*

# HIV STREET OUTREACH 17,206 Participants

Street-based HIV education, testing and prevention information in Fort Bend and Harris counties.

<b>GENDER*</b>		<b>RACE/ETHNICITY*</b>	
Male	64%	Anglo	15%
Female	36%	African-American	69%
Transgender	<1%	Latino/a	16%
		Asian/Pacific Island	<1%
		Native American	<1%
		Other Unknown	<1%
<b>AGE*</b>			
Adolescents	6%		
Adults	94%		

*\* May not add up to 100% due to rounding off*



# FUNDING

AUDITED

<b>Source</b>	<b>Amount</b>
<i>Texas Dept. of State Health Services</i>	\$1,360,699
<i>City of Houston Dept of health &amp; Human Services</i>	324,088
<i>U.S. Substance Abuse &amp; Mental Health Services Admin.</i>	260,146
<i>Ryan White Care Act</i>	277,738
<i>Texas Office of the Attorney General</i>	103,732
<i>Texas Health &amp; Human Services Commission</i>	72,394
<i>Office of the Governor of Texas - Victims of Crime Act</i>	48,745
<i>U.S. Dept. of Housing &amp; Urban Development</i>	63,308
<i>Other</i>	105,701
<b>Government Grants &amp; Contracts</b>	<b>2,616,551</b>
<b>Foundations &amp; Corporations</b>	<b>540,200</b>
<b>United Way</b>	<b>87,049</b>
<b>Client/Participant fees</b>	<b>296,339</b>
<b>Miscellaneous</b>	<b>1,842</b>
<b>Donations &amp; Special Events</b>	<b>37,984</b>
<b><i>Total Cash Revenue</i></b>	<b><i>\$3,579,965</i></b>

# HOW ARE FUNDS USED?

AUDITED

## PROGRAM

Case Management & Outreach	\$1,354,470
Education	453,423
LIFE (General Counseling)	407,339
Anti-Violence Program	345,405
Chem. Dependency Treatment	196,596
HIV/AIDS Counseling	283,801
Fund Development	109,280
Management/General	249,100

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***TOTAL*** ***\$3,399,414***

## EXPENSES

Personnel	\$1,995,240
Benefits (Health & Other Insurance, Retirement)	292,367
Payroll Taxes	147,487
Professional Fees & Contracts (Audit, Testing Lab, Staff Support Group)	128,985
Direct Client Assistance	73,739
Depreciation	20,898
Supplies (Office & Program)	49,967
Special Events supplies & printing	4,231
Postage	2,510
Occupancy	531,119
Write-off Uncollectible Accounts	7,755
Equipment Repair/Maintenance	7,044
Printing	5,990
Dues & Publications	2,194
Local Travel	36,213
Professional Development	19,282
Miscellaneous (Bank Charges, Interest, Board Expenses, Volunteers and Board Recognition)	50,038

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***TOTAL*** ***\$3,399,414***

# BOARD OF DIRECTORS

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Sash Cavin, MBA, Vice-President  
Chris Robertson, Treasurer  
Jose Apodaca, Secretary  
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Carlos Franco  
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Dennis Robinson  
Angela Young, MLA

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Former State Representative Debra Danburg  
City of Houston Councilmember Sue Lovell  
Mayor Annise Parker

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AS OF 08/31/09

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Tommy Schwartz, PharmD, Secretary  
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AS OF 08/31/09

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Diana Storms, LCSW  
Lisa Weaver, PhD

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